

## REGISTRATION

<b>Fee</b>	RM 120; RM 100 - Students & MNA Members
<b>Deadline</b>	<b>24<sup>th</sup> June 2019</b>
<b>Name</b>	
<b>Email</b>	
<b>IC No</b>	
<b>Tel No</b>	
<b>Place of work</b>	
<b>Name of Institution</b>	
<b>Meal Preference</b>	
<b>Payment*</b>	<b>Account Number: 3208259117 Beneficiary Name: Academic Nexus for Globalization</b>

**\*Payment options:** (i) You may remit funds via GIRO/RENTAS or deposit via inter-branch deposit at **Public Bank Berhad, Account Number: 3208259117 & Beneficiary Name: Academic Nexus for Globalization**, with description "ANGSA13JULY2019"; (ii) You may write a **check** payable to "Academic Nexus for Globalization – IP 0484001V"; or (iii) **Pay cash before deadline**. Please provide receipt during registration. **No LO accepted.**



Malaysian Nurses Association  
Special Interest Group -Education

**Our Goal is to Make You Globally Successful**

## One-day Seminar on Communication Skills in High Stress Environments

**Date**

**Saturday, 13<sup>th</sup> July 2019**

**Time**

**8:00 AM to 5:00 PM**

**Venue**

**Hotel Excelsior**

43, Jalan Sultan Abdul Jalil, Kampung Jawa, Ipoh

**Deadline to Register**

**24<sup>th</sup> June 2019**

## For Enquiries

**Associate Executive Director (Primary)**

**Ms. Latha Mariappan**

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**H/P: 012-2621980**

**Executive Director**

**Professor Dr. Kalai Mathee**

**Email : [angsak001@gmail.com](mailto:angsak001@gmail.com)**

### ABOUT THE SPEAKER:

Dr. Kalai Mugilan is a practicing Humanist, Sociologist, Writer, Motivational Speaker, Human Resources business consultant, and Emotional Quotient trainer currently based in Nashville, Tennessee, USA.

- Doctor of Philosophy – *Health Promotion and Education*
  - Master in Arts – *Medical Sociology*
  - Master in Public Health – *Health Behavior*
  - Bachelor of Science – *Major: Psychology, Minor: Computer Science*
- All at University of Alabama, Birmingham, USA.



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## PROGRAMME

**0700 — 0800**

**Registration**

**0800 — 0815**

### Welcome address

Professor Dr. Kalai Mathee  
Executive Director, Academic Nexus for Scholastic Global Activities (ANGSA) From International University of Florida, Miami

**0830 — 0930**

Reintroduction to some commonly known concepts : Beauty, Belong, Brilliant, Gratitude, Hope and Forgiveness

**1000 — 1030**

### Tea Break

**1030 — 1130**

What is "I" language?  
Practice some skills on how to listen with our eyes, how difficult it is to listen and how to listen with an intention of knowing, how to talk so you are heard, how to listen so you hear.

**1130 — 1330**

Are you venting, asking, looking for solutions?  
What is the intention of speech?

**1230 — 1300**

Removal of obstacles in communication

**1300 — 1400**

### Lunch

**1400 — 1500**

Removal of obstacles in communication

**1500 — 1530**

### Tea break

**1530 — 1600**

Seminar Evaluation and Summary