



Malaysian Nurses Association
Special Interest Group -Education

Our Goal is to Make You Globally Successful

One-day Seminar on Communication Skills in High Stress Environments

Date

Saturday, 13th July 2019

Time

8:00 AM to 5:00 PM

Venue

Hotel Excelsior

43, Jalan Sultan Abdul Jalil, Kampung Jawa, Ipoh

Deadline to Register

24th June 2019

PROGRAMME

0700 — 0800	Registration
0800 — 0815	Welcome address Professor Dr. Kalai Mathee Executive Director, Academic Nexus for Scholastic Global Activities (ANGSA) From International University of Florida, Miami
0830 — 0930	Reintroduction to some commonly known concepts : Beauty, Belong, Brilliant, Gratitude, Hope and Forgiveness
1000 — 1030	Tea Break
1030 — 1130	What is "I" language? Practice some skills on how to listen with our eyes, how difficult it is to listen and how to listen with an intention of knowing, how to talk so you are heard, how to listen so you hear.
1130 — 1330	Are you venting, asking, looking for solutions? What is the intention of speech?
1230 — 1300	Removal of obstacles in communication
1300 — 1400	Lunch
1400 — 1500	Removal of obstacles in communication
1500 — 1530	Tea break
1530 — 1600	Seminar Evaluation and Summary



ABOUT THE SPEAKER:

Dr. Kalai Mugilan BS (Major: Psychology; Minor: Computer Science), MPH (Health Behavior) MA (Medical Sociology), PhD Health (Promotion and Education), an alumni of University of Alabama in Birmingham, is an educator, a practicing humanist, sociologist, writer, motivational speaker, human resources business consultant, and emotional quotient trainer, and currently based in Nashville, Tennessee, USA.

Videos

1. Humans and Emotions - Dr. Kalai Mugilan - 2019 NaNoCon

https://www.youtube.com/watch?v=5a9s_USBLwE

2. Dr. Kalai Mugilan Urban Monk series

<https://www.youtube.com/watch?v=-IFAnIHmGPw>

3. Emotional Intelligence for the Humanist by Kalai Mugilan

<https://www.youtube.com/watch?v=2QtpdaUGuo>

His books include

1. Reflections in a Broken Mirror (2014) (<https://www.amazon.com/Reflections-Broken-Mirror-Kalai-Mugilan/dp/1499371748>)
2. The Urban Monk, A Humanist Perspective and A Guide to Action (2018)

Web stories

Dr. Kalai Mugilan visits Credo August 18, 2019

<https://www.nashvilleuu.org/announcements/2019/8/13/dr-kalai-mugilan-visits-credo-august-18-2019>

Emotional Intelligence for the Humanist

<https://conference.americanhumanist.org/index.php/speakers2019/mugilan>

"Men and #MeToo" with Kalai Mugilan, PhD

<https://www.unityofnashville.org/unityevents/2019/3/6/men-and-metoo-with-kalai-mugalin-phd>